



Psychiatry

1. IMPRINT	
Academic Year	2022/2023
Department	2nd Department of Psychiatry
Field of study	Medicine
Main scientific discipline <i>(in accord with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i>	Medical science
Study Profile <i>(general academic / practical)</i>	General academic
Level of studies <i>(1st level / 2nd level / uniform MSc)</i>	Uniform MSc
Form of studies	Stationary
Type of module / course <i>(obligatory / non-compulsory)</i>	Obligatory
Form of verification of learning outcomes <i>(exam / completion)</i>	Completion
Educational Unit / Educational Units <i>(and address / addresses of unit / units)</i>	II Klinika Psychiatryczna / II Department of Psychiatry ul. Kondratowicza 8, 03-242 Warszawa

Head of Educational Unit / Heads of Educational Units	Prof. dr. hab. med. Andrzej Kokoszka
Course coordinator (title, First Name, Last Name, contact)	Dr Marcin Obrębski Mail: mobrebski@wum.edu.pl
Person responsible for syllabus (First name, Last Name and contact for the person to whom any objections concerning syllabus should be reported)	Prof. dr. hab. med. Andrzej Kokoszka Mail: andrzej.kokoszka@wum.edu.pl
Teachers	Prof. dr hab. med. Andrzej Kokoszka Dr n. med. Aleksandra Jodko-Modlińska Dr n. o zdr. Marcin Obrębski Lek. med. Magdalena Grusiecka-Stańczyk Lek. Natalia Chłopecka Lek. Sebastian Koterwa Lek. Radosław Napora Lek. Sasza Rychlica Lek. Mikołaj Rejewski Lek. Joanna Szczerba Mgr Monika Gawłowicz Mgr Joanna Mikuła Mgr Karolina Ciesielka Mgr Agnieszka Twarowska

2. BASIC INFORMATION				
Year and semester of studies	VI year I semester		Number of ECTS credits	4.00
FORMS OF CLASSES		Number of hours	ECTS credits calculation	
Contacting hours with academic teacher				
Lecture (L)		0	0	
Seminar (S)		10	1	
Discussions (D)		0	0	
e-learning (e-L)		0	0	
Practical classes (PC)		50	2	
Work placement (WP)		0	0	
Unassisted student's work				
Preparation for classes and completions		60	1	

3. COURSE OBJECTIVES	
O1	History of psychiatry
O2	Bio-psycho-social aspects of mental disorders
O3	General psychopathology
O4	Legal aspects of psychiatry
O5	Classifications of mental disorders
O6	Diagnostic methods in psychiatry
O7	Biological and psychosocial methods of treatment
O8	To acquire skills of mental state assessment
O9	Emergency and preliminary therapeutic management in mental disorders

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING <i>(concerns fields of study regulated by the Regulation of Minister of Science and Higher Education from 26 of July 2019; does not apply to other fields of study)</i>	
Code and number of effect of learning in accordance with standards of learning <i>(in accordance with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i>	Effects in time

Knowledge – Graduate* knows and understands:

E.W1.	knows the environmental and epidemiological determinants of the most common mental illnesses
E.W10.	knows and understands the basic principles of pharmacotherapy in the elderly
E.W11.	knows and understands the risks associated with hospitalization of the elderly
E.W12.	knows and understands the basic principles of organizing elderly care as well as the burdens of being a caregiver for an elderly person
E.W15.	knows the basic concepts in the pathogenesis of mental disorders
E.W16.	knows the general psychiatric symptomatology and the principles of classifying mental disorders according to the main classification systems
E.W17.	knows the symptoms as well as principles of diagnosis and therapeutic treatment of the most common mental illnesses, including:

	a) schizophrenia b) affective and adaptive disorders c) eating disorders d) disorders associated with the use of psychoactive substances
E.W18.	knows the principles of diagnosis of and procedure for dealing with psychiatric emergencies
E.W19.	knows the characteristics of mental disorders and of treating these disorders in old age
E.W20.	knows the symptoms of mental disorders in the course of somatic diseases and their impact on the course of the underlying disease as well as the prognosis and principles of treating these disorders
E.W21.	has knowledge of human sexuality and of the basic disorders associated with it
E.W22.	is familiar with provisions relating to mental health care; with particular emphasis on the rules of admission to psychiatric hospitals
E.W38	is familiar with the theoretical and practical fundamentals of laboratory diagnosis in psychiatry
E.W39.	knows and understands the capabilities and limitations of laboratory testing in psychiatric emergencies

Skills– Graduate* is able to:

E.U5.	carries out a psychiatric examination
E.U12.	performs a differential diagnosis of the most common mental illnesses in adults
E.U13.	assesses and describes the patient's somatic and psychological state
E.U14.	recognizes conditions that pose a direct threat to life in the course of mental disorders
E.U15.	recognizes states under the influence of alcohol, drugs and other stimulants
E.U16.	plans diagnostic, therapeutic and preventive procedures regarding mental disorders
E.U17.	analyzes the possible adverse effects of particular drugs and the interactions between them
E.U18.	proposes that existing therapeutic guidelines and other treatment methods be individualized if standard therapy is ineffective or contraindicated
E.U19.	recognizes the signs of drug dependency and proposes treatment
E.U20.	decides that a given patient is eligible for home or hospital treatment
E.U23.	proposes a rehabilitation program for the most common diseases
E.U24.	interprets the results of laboratory tests and identifies the causes of deviations
E.U32.	plans specialist consultations
E.U38.	keeps a patient's medical records

* In appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019 „graduate”, not student is mentioned.

5. ADDITIONAL EFFECTS OF LEARNING <i>(non-compulsory)</i>	
Number of effect of learning	Effects of learning i time
Knowledge – Graduate knows and understands:	
K1	Has a basic knowledge about different types of psychotherapy
K2	Understands the impact of psychological factors on patient adherence to recommended treatment
Skills– Graduate is able to:	
S1	Establishes ethical and professional relations with patients suffering from mental disorders
S2	Increases patient motivation and adherence to treatment
Social Competencies – Graduate is ready for:	
SC1	Presents diagnosis of a patient and discusses it with other students
SC2	

6. CLASSES		
Form of class	Class contents	Effects of Learning
Seminar 1 (3 hours)	Sexual disorders – Etiology, diagnosis, classification and treatment	<i>E.W21</i>
Seminar 2 (1 hours)	Eating disorder and insomnias: Etiology, diagnosis, classification and treatment	<i>E.W15, E.W16, E.W17, E.W22</i>
Seminar 3 (2 hours)	Psychopharmacology and diagnostic methods – the rules medication and the laboratory diagnostic methods	<i>E.W38, E.W39</i>
Seminar 4 (3hours)	Suicide, aggression, forensic issues – Emergency and forensic psychiatry	<i>E.W18</i>
Seminar 5(1 hour)	Environmental psychiatry and Organization and functions of Mental Health Centers	<i>E.W22</i>
Classes 1 (12 hours)	Diagnosis and therapy within Mental Health Center	<i>E.U5, E.U12-E.U20, E.U23-E.U24, E.U32, E.U38</i>
Classes 2 (6 hours)	Introduction to psychotherapy; models of psychotherapy, criteria of qualification to different types of psychotherapy	<i>E.U16, E.U18, E.U20</i>
Classes 3 (12 hours)	management with insomnia in clinical practice	<i>E.U16, E.U17, E.U18</i>

Classes 4 (16 hours)	management with older patients	E.U5, E.U12-E.U20, E.U23-E.U24, E.U32, E.U38
Classes 5 (2 hours)	use of restrains and management with aggressive patient	E.U5, E.U16, E.U38
Classes 6 (2 hours)	psychiatric rehabilitation	E.U16, E.U32, E.U38

7. LITERATURE

Obligatory

Cowen P., Harrison P., Burns T., Shorter Oxford Textbook of Psychiatry Edition, Sixth 2012 **or latter**

Supplementary

1. Sadock B.J., Sadock V.A. Ruitz P. Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry. Wolters Kluwer, 2015
2. Meyer, R. G., Chapman, L. K., and Weaver, C. M. Case Studies in Abnormal Behavior. 9th ed. 2014

8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
E.W15-E.W39	Colloquium – test on the last day of course, <i>consisting of 20 single select multiple choice questions.</i>	At least 60% of correct answers on test
E.U5-E.U38	Written description of mental states of two patients with different disorders, presented during classes.	Accepted by the assistant

9. ADDITIONAL INFORMATION *(information essential for the course instructor that are not included in the other part of the course syllabus e.g. if the course is related to scientific research, detailed description of, information about the Science Club)*

Classes and seminars takes place at:

DREWNICA= Drewnica Hospital, - ul. Rychlińskiego 1, Ząbki, meeting at main entrance to the new building.

KONDRATOWICZA 8= Brodnowski Hospital, ul. Kondratowicza 8, Building G, 4th floor

SUWALSKA 11= Brodnowski Hospital, Daily Psychiatric Ward, ul. Suwalska 11

In case of epidemiological restrictions = ONLINE

The first seminar takes place in lecture hall in Brodnowski Hospital, ul. Kondratowicza 8, pawilon "G".

The detailed program of seminars and classes will be presented a during the first seminar